Throughout primary school Tahlia Ingram, Grace Knox and Amber Kennedy all attended Merimbula Public School. They all grew up racing one another and representing the school in the 4x100m relay. Larissa Larkham attended Pambula Public School and annually met up with the girls at the Zone Athletics for a fierce competition where the race was always close.

It wasn’t until the first year of high school that the girls decided to make a 4x 100m relay. It was a surprise to everyone to see how well the girls combined as a team, placing 3rd at the CHS State Championships. In 2012 Grace Knox, Tahlia Ingram, Larissa Larkham and Mardi Longford (stepping in for Amber Kennedy after an injury) placed 2nd at the CHS state championships. The 3rd year the competition was fierce and the girls were confident that it was going to be their golden year to finally get first place on the podium. Unfortunately with a drop of the baton, they got disqualified. This was a huge let down to all of the girls and supporters.

Continued on Page 2 ...
Golden Girls continued ...
This year, the girls were less confident especially as Amber Kennedy was unable to run. This caused slight doubt within the team as with only two weeks to go they had only three runners. Luckily, Ebony Pointon stepped up an age group to run. With only one team training session before heading to Sydney, the girls didn’t have high expectations. Day One was the heats. There were three heats consisting of eight teams. The girls smashed their heat, winning by at least 35m and qualified third with a time of 52.40. With only six of the eight fastest teams being selected to battle it out for first place, the girls’ confidence rose. The finals took place on Day Two with the top four teams battling it out for 1st place. With a time of 51.51, their efforts and determination paid off winning gold for the South Coast, with second place getting close behind with a time of 51.57. The girls couldn’t be happier to finally achieve top place on the podium, being the fastest 16yrs Girls Relay Team in NSW.

Eden Women’s Bowling Club donation
The Eden Women’s Bowling Club Charity Day has become an integral part of the Eden community, raising money to benefit members of the community with an identified need. They have in particular targeted students at Eden Marine High School, identifying resources that would benefit and enhance a student’s education. As a result of their 2013 Charity Day they decided to donate their earnings to purchase the most up to date Ipad, an extremely useful modern technological resource that would assist in a student’s education. On Wednesday 27th August Maureen Hadley, Secretary of the Eden Women’s Bowling Club, visited Eden Marine High School to present the lucky recipient, Greg Comparini, with his new device. Within a short space of time Greg has already made great use of his new Ipad in class. It is with great appreciation that we recognise the efforts of the Eden Women’s Bowling Club who work tirelessly in assisting people in our community.

Aboriginal Astronomy Lecture
Dr Duane Hamacher spoke to about 200 interested students about Aboriginal astronomy. Duane is a lecturer and ARC Discovery Early Career Research Fellow at Nura Gili (UNSW). His research focuses on cultural astronomy and geomythology with an emphasis on Australia and Oceania. He leads the Indigenous Astronomy Project at Nura Gili and teaches courses that explore the crossroads of western Science and Indigenous Knowledge and Indigenous astronomy. He was awarded a Discovery grant from the Australian Research Council to study the astronomy of Torres Strait Islanders. Students were shown where to look for the Emu and Shark constellations and Dr Hamacher retold several stories of the Sun, Moon and comets. Hopefully we will have some more education on this interesting and very Australian topic.

Written by Mr Jim Williams, Science teacher
Who Said Work Wasn’t Fun!
As part of the second session of the UC Aspirations program, the students involved were treated to a lesson on how to make various types of paper planes and shown how to fly them correctly by James Norton. James and his friend Dylan Parker are the best paper plane makers in Australia and competed in the World Championships in Salzburg earlier this year. Unfortunately James’s plane crashed, but Dylan came third.

James owns his own company: James Norton Design, and paper planes are his passion. James instilled in the students the importance of continuing a career path that you are passionate about, regardless of how unique it might be. The students are eagerly awaiting the next session in October to see who shows up next!

If you are interested in finding out more about paper plane making, google “James Norton paper planes.”

CAREER MATTERS
Having an understanding of where the jobs are in the Australian labour market can be useful with Year 12 students about to leave school and make decisions about employment and training. The Department of Employment has several websites that tell you about:
• which industries and occupations have the largest number of jobs (http://employment.gov.au/australian-jobs-publication),
• where the new jobs will be over the next five years (http://joboutlook.gov.au and http://lmip.gov.au) and
• where the skill shortages are (http://employment.gov.au/skill-shortages).

It is important to look at these sites, so that you are not selecting a career path that has very little employment opportunities.

Defence Force Talk
Chief Petty Officer, Rick Macchetta and Warrant Officer 1, Ken Nelliman gave a presentation to a room full of interested students, who gave up their lunch time, to quiz the visitors on job opportunities in the Defence Force. After a PowerPoint Presentation on all of the jobs available in the Airforce, Army and Navy, students impressed both Rick and Ken with their thoughtful questions and enthusiasm.

The students were so engaged, that the talk continued into all of period 5. Both guests congratulated the students as it was the best talk that either had ever attended and wanted to know if another was planned for next year!

For those students thinking of a career in the Defence Force, they suggested that you apply when you are 16 1/2 years old, as your application lasts for three years.

Michelle Bond | Careers Adviser

Year 9 students are given some tips for their own paper plane designs by James Norton and Jemima Beaumont (UC organiser).

Cooper Ritchie, Daniel Cumberland, Daniel Holka and Mat Pittman try their own prototypes.

Year 11 students Shannon Scragg and Rachael Hehir pictured with Chief Petty Officer Rick Macchetta at the defence force talk.
Library Information
As Term Three draws to an end - it is time to start planning for HOLIDAY reading! There are many new books in our Library, just perfect for the spring holiday - suitable for students and staff alike. This has been a very busy term and we thank the students that have returned library resources on time. A number of students still have overdue library resources and have received notices in Roll Call. Please make an effort to find your library resources and return them to the Library. If you are still happily reading, please RENEW. Next term, we will be focusing on updating our fiction series collection. So, if you have a favourite series and we have some of the books, but not all, please see Mrs Taylor to request the missing parts or you can suggest a new series to purchase! “I read all the time. I love it. My fantasy would be to be locked into a library. I’d be very, very happy.” Pink

UNSW Winter School Report
The independence I experienced at UNSW has activated a passion and commitment I didn’t realise I had. Of the 300 applicants who applied, 25 people were selected in each category. I was accepted into Social Work where I participated in lectures with experienced university lecturers about the history of social work and their personal experiences. Guests also volunteered their time to speak with us. I have had the opportunity to attend many university outings but I have never felt as at home as I did at the Winter School, both educationally and socially. I have developed a concrete career goal and I am certain that with love and support I can fulfil my passion. I have also made amazing friends, both students and staff, who I have grown to love and cherish throughout this program. As the only Year 12 Aboriginal student in my school, I feel obligated to complete a university degree, return to Eden Marine High School and inspire the younger generations. I want to give them hope. This has been an amazing experience for me that I will never forget.
Written by Year 12 student Eliza Turner

Year 9 PASS Canberra Excursion
On Thursday 14th August, EMHS and Bombala High School students travelled to Canberra for the annual PASS excursion. After a 6:00am start, collecting the Bombala students at Nimmitabel, the first stop was the Canberra Aquatic Centre, which was the equivalent size of our school! The centre provides a variety of facilities such as: three weight training centres, 50m pool, childcare centre, hairdressers, Scuba Diving Centre, Cafe, dance theatre and yoga centre. Students participated in a weights program and an R.P.M on stationary bikes - big performance was given to Jack MacGuire! Next stop was the Australian Institute of Sport (A.I.S.) where we got a tour from Australia’s No. 1 wrestler, Jonathan Miller. We also experienced the Games Room which had lots of activities like reaction time test, agility tests, ball throwing and kicking.
The afternoon activities consisted of Ten Pin Bowling and Rock Climbing where some students managed to reach the top. Students who excelled at climbing were Shania Closter, Annabelle Green, Ryan Sinclair and Tom Weingarth. A special thank you to Mr Langford for organising the trip as all the students thoroughly enjoyed the experience.
Written by Shania Closter and Jordan Parkes.

EMHS and Bombala High School Year 9 girls happy out L-R: Caitlin Jordan, Katelyn McCarron, Alex High, Keiarna Rodwell, Zali Kelly, Stephanie Wallace, Shania Closter.

Josh Brown, Jack MacGuire and Kye Dewberry work up a sweat during the stationary bike class.
Bega Athletics Club Registration Days
The 2014/15 Little Athletics season, which runs from October to March, is about to commence. Little Athletics is all about family, fun and fitness. Athletes develop basic running, jumping and throwing skills by participating in highly active training sessions and are eligible to compete in Little Athletics ACT carnivals. Children who are 7 – 16 years of age are welcome to join the Bega Athletics Club.

Registration days will be held on

Date: Thursday September 18th
Time: 5.00 – 6.00 pm
Venue: Bega Athletics Field, Bega St.
(behind Bega Valley Public School)

Please visit our website or email for more information.

Website - www.bvlac.org
Email - info.bvlac@gmail.com

UNIFORM SHOP SALE - 20% OFF!
On
Thursday, 18th September 2014
Sale conditions
- Offer does not apply to school woollen jumpers
- Shop stock only
- No refunds or exchanges

If you love swimming – read on!
Pambula Community Swimming Club welcomes new and existing members to the start of the 2014/15 Club season. We have facilities as good as anywhere in Australia right here on our doorstep so come and find out what all the fuss is about!

All ages are welcome with a weekly programme of events offering plenty of race experience and lots of fun for the whole family.

FIRST NIGHT: Tuesday 7 October 5pm at Sapphire Aquatic Centre Pambula. An information session about Club Night will be held in our clubroom prior to races commencing. A free BBQ will also be provided. Prospective members can swim at Club for 3 weeks before joining so why not give it a go?

See you there!

Enquiries to: pambulaswimclub@hotmail.com.au

Have fun, make new friends, and learn about another culture!
Volunteer to host an international high school student arriving into Australia in July 2014, and you’ll be amazed at the way this unique and rewarding opportunity helps your family to become closer, to understand themselves better and to see the world in a new light.

Carefully selected students will arrive in July for their 3, 5, or 10 month programs from France, Germany, Italy, Sweden, Norway, Denmark, Finland, Spain and Colombia. They will live as a local, attend a local secondary school, arrive with their own spending money, and comprehensive insurance cover, all arranged by Southern Cross Cultural Exchange. You choose the nationality, the gender, the duration and the interests of the student that you feel is the best match for your family. Visit us at www.scce.com.au, email scceaustr@scc.com.au or call us toll free on 1800 500 501, request our international student profiles, and capture the spirit of family and friendship!

https://www.facebook.com/edenmarinehigh

and keep up to date with events/news happening at your school!

P&C MEETING
Come and join Eden Marine High School’s P&C.
Date: Wednesday, 22nd October
Time: 6:00pm
Venue: EMHS Library

All are welcome :)
At Eden Marine High School Every Day Counts!!

What sort of start is your child getting?

1 or 2 days a week doesn’t seem much but.......

School starts at ....9....am

<table>
<thead>
<tr>
<th>He/ She is only missing just....</th>
<th>That equals....</th>
<th>Which is.....</th>
<th>and over 13 years of schooling that’s...</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 minutes per day</td>
<td>50 minutes per week</td>
<td>Nearly 1.5 weeks per year</td>
<td>Nearly Half a year</td>
</tr>
<tr>
<td>20 minutes per day</td>
<td>1 hour 40 mins per week</td>
<td>Over 2.5 Weeks per year</td>
<td>Nearly 1 year</td>
</tr>
<tr>
<td>Half an hour per day</td>
<td>Half a day per week</td>
<td>4 Weeks per Year</td>
<td>Nearly 1 and a Half years</td>
</tr>
<tr>
<td>1 hour per day</td>
<td>1 day per week</td>
<td>8 Weeks per year</td>
<td>Over 2 and a Half years</td>
</tr>
</tbody>
</table>

Does Your Child Have a Chance of Being Successful?

<table>
<thead>
<tr>
<th>If your child misses....</th>
<th>That equals....</th>
<th>Which is.....</th>
<th>and over 13 years of schooling that’s...</th>
<th>Which means the best your child might perform is....</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 day per fortnight</td>
<td>20 Days per year</td>
<td>4 weeks per year</td>
<td>Nearly 1.5 years</td>
<td>Equal to finishing in grade 11</td>
</tr>
<tr>
<td>1 day per week</td>
<td>40 Days per year</td>
<td>8 weeks per year</td>
<td>Over 2.5 years</td>
<td>Equal to finishing in grade 10</td>
</tr>
<tr>
<td>2 days per week</td>
<td>80 Days per year</td>
<td>16 weeks per year</td>
<td>Over 5 years</td>
<td>Equal to finishing in grade 7</td>
</tr>
<tr>
<td>3 days per week</td>
<td>120 Days per year</td>
<td>24 weeks per year</td>
<td>Nearly 8 years</td>
<td>Equal to finishing at grade 4</td>
</tr>
</tbody>
</table>

Eden Marine High School. Quality outcomes with our Community.

Every Student - Every Lesson - Every Day